

Happy New Year



Keeping It Simple

The Josephine County Intergroup e- Newsletter

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"How dark it is before the dawn! In reality that was the beginning of my last debauch. I was soon to be catapulted into what I like to call the fourth dimension of existence. I was to know happiness, peace, and usefulness, in a way of life that is incredibly more wonderful as time passes."

Alcoholics Anonymous World Services, Inc., Alcoholics Anonymous: Fourth Edition· Bill's Story, p. 8



"Keeping it Simple" is a monthly publication brought to you by the Josephine County Intergroup.

Please sign up for the newsletter subscription service to receive the monthly edition directly to your email Inbox! Visit



the Josephine County A.A. website for the subscription form and directions or scan the QR Code to the right with your mobile device to be taken directly to the form. Additional copies and some previous issues of the newsletter are available at the Central Office and the Hi-Lo Club. Two years of previous issues of the e-Newsletter are available on the website at www.grantpassaa.com/newsletters.

Many thanks to this issue's contributors. If you would like to contribute, please send your personal stories, poems, artwork, cartoons, jokes, or anything that has helped you on your journey. To submit your contribution, email it to Winslow at gpaanews@gmail.com.

Happy New Year!

Step One - "We admitted we were powerless over alcohol - that our lives had become unmanageable."



Who cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of providence can remove it from us.



No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self-sufficiency and all will to resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

But upon entering A.A. we soon take quite another view of this absolute humiliation. We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built.

We know that little good can come to any alcoholic who joins A.A. unless he has first accepted his devastating weakness and all its consequences. Until he so humbles himself, his sobriety—if any—will be precarious. Of real happiness he will find none at all. Proved beyond doubt by an immense experience, this is one of the facts of A.A. life.

The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole Society has sprung and flowered.



When first challenged to admit defeat, most of us revolted. We had approached A.A. expecting to be taught self-confidence. Then we had been told that so far as alcohol is concerned, self-confidence was no good whatever; in fact, it was a total liability. Our sponsors declared that we were the victims of a mental obsession so subtly powerful that no amount of human willpower could break it. There was, they said, no such thing as the personal conquest of this compulsion by the unaided will. Relentlessly deepening our dilemma, our sponsors pointed out our increasing sensitivity to alcohol—an allergy, they called it. The tyrant alcohol wielded a double-edged sword over us: first we were smitten by an insane urge that condemned us to go on drinking, and then by an allergy of the body that insured we would ultimately destroy ourselves in the process. Few indeed were those who, so assailed, had ever won through in singlehanded combat. It was a statistical fact that alcoholics almost never recovered on their own resources. And this had been true, apparently, ever since man had first crushed grapes.

In A.A.'s pioneering time, none but the most desperate cases could swallow and digest this unpalatable truth. Even these "last-gaspers" often had difficulty in realizing how hopeless they actually were. But a few did, and when these laid hold of A.A. principles with all the fervor with which the drowning seize life preservers, they almost invariably got well. That is why the first edition of the book "Alcoholics Anonymous," published when our membership was small, dealt with low-bottom cases only. Many less desperate alcoholics tried A.A. but did not succeed because they could not make the admission of hopelessness.

Alcoholics Anonymous World Services, Inc. *Twelve Steps and Twelve Traditions*, p. 21-23.

Happy New Year!

Tradition One - "Our common welfare should come first; personal recovery depends upon A.A. unity."

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A.



would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, "What a great thing A.A. might have been!"

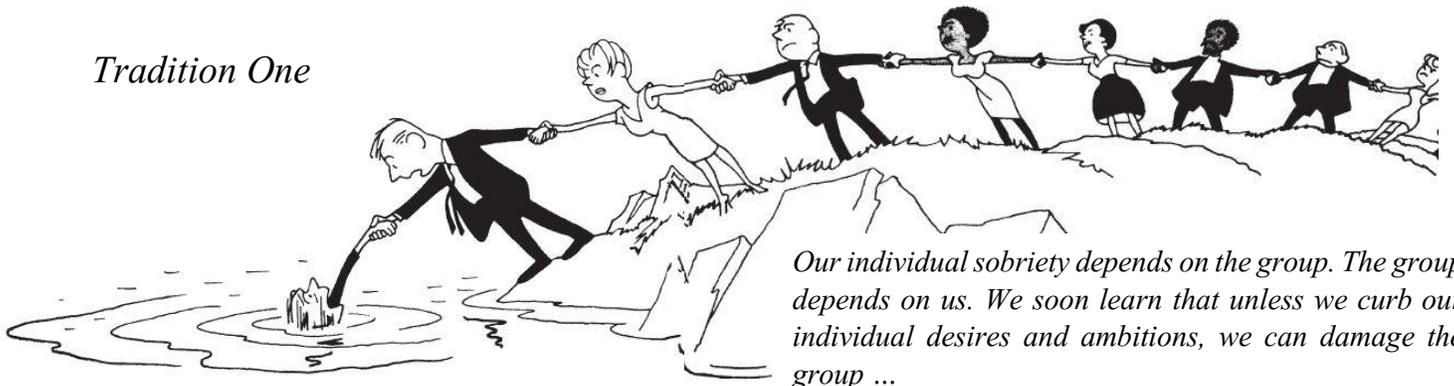
"Does this mean," some will anxiously ask, "that in A.A. the individual doesn't count for much? Is he to be dominated by his group and swallowed up in it?" We may certainly answer this question with a loud "No!" We believe there isn't a fellowship on earth which lavishes more devoted care upon its individual members; surely there is none which more jealously guards the individual's right to think, talk, and act as he wishes. No A.A. can compel another to do anything; nobody can be punished or expelled. Our Twelve Steps to recovery are suggestions; the Twelve Traditions which guarantee A.A.'s unity contain not a single "Don't." They repeatedly say, "We ought . . ." but never "You must!"

To many minds all this liberty for the individual spells sheer anarchy. Every newcomer, every friend who looks at A.A. for the first time is greatly puzzled. They see liberty verging on license, yet they recognize at once that A.A. has an irresistible strength of purpose and action. "How," they ask, "can such a crowd of anarchists function at all? How can they possibly place their common welfare first? What in Heaven's name holds them together?"

Those who look closely soon have the key to this strange paradox. The A.A. member has to conform to the principles of recovery. His life actually depends upon obedience to spiritual principles. If he deviates too far, the penalty is sure and swift; he sickens and dies. At first, he goes along because he must, but later he discovers a way of life he really wants to live. Moreover, he finds he cannot keep this priceless gift unless he gives it away. Neither he nor anybody else can survive unless he carries the A.A. message. The moment this Twelfth Step work forms a group, another discovery is made—that most individuals cannot recover unless there is a group. Realization dawns that he is but a small part of a great whole; that no personal sacrifice is too great for preservation of the Fellowship. He learns that the clamor of desires and ambitions within him must be silenced whenever these could damage the group. It becomes plain that the group must survive, or the individual will not.

Alcoholics Anonymous World Services, Inc. *Twelve Steps and Twelve Traditions*, p. 129-130.

Tradition One



When A.A. was very young, the first members clearly saw the preservation of its unity as a life-or-death matter for themselves and for the alcoholics still unrecovered. The First Tradition states this aim, and it is the common aim of all Twelve Traditions. When A.A. reached the age of 35, the aim was restated in the theme of the 1970 International Convention:

This we owe to A.A.'s future:
To place our common welfare first and
To keep our Fellowship united.





For on A.A. unity depend our lives,
And the lives of those to come.

Each of the other eleven Traditions explains one specific way to protect the unity of the Fellowship and the A.A. group. Those early members quickly recognized power-drivers as potential group-wreckers. And they're still around—the members who are always sure that they're always right—the members who are happily ready to assume all the burdens of leadership and grimly unwilling to share them, let alone give them up.

Alcoholics Anonymous World Services, Inc. *The Twelve Traditions Illustrated*. Copyright © 1971, All rights reserved.



Step One Principle

Honesty, Acceptance, Admission, Open-mindedness, Willingness, Humility, Surrender

By Winslow C.

Bill W. believed that each of the twelve steps was based on a spiritual principle. To properly do the steps of the A.A. Program, members must adopt the principles. Only by doing so could an alcoholic get, stay, and live sober. In the Twelve Steps and Twelve Traditions, Bill W. references the spiritual principles behind each step. Even though they are open to interpretation, some of them seem like common sense, but Bill W. clearly emphasizes in the *Twelve Steps and Twelve Traditions* that to live the principles in our day-to-day lives, we had to stay vigilant and willing.

*Courage is not about
knowing the path,
it's about taking
the first step.*

Step One requires acceptance and admission ... of our powerlessness. Essentially, I had to have a “**rigorous honesty**” (AAWS, Inc., 2001). The Twelve Steps and Twelve Traditions states that in order to take the steps needed to achieve sobriety, especially Step One, I had to hit rock bottom. Why would I otherwise take these steps, like being as honest as I had to be? There was no other way to stay alive. I had to let go of the beliefs that told me that “it’s not that bad” or that I can “stop at any time.” **Not hitting the bottom would have allowed me to hold on to these lies. Honesty like this led me to truly accept and admit my powerlessness over alcohol. I had to be honest not to others, but to myself. I was and still am powerless.**

“I realize now that most of the problems in my life were a direct result of my attempts to handle my own life, to be in control of my own destiny. I am grateful that today, sober, I can still say my life has ‘become unmanageable.’”

College Park, Md., June 1982, Spiritual Awakenings

Bill W. explains this honesty succinctly at the end of the chapter on Step One where he states, “**Under the lash of alcoholism, we are driven to A.A., and there we discover the fatal nature of our situation. Then, and only then, do we become as open-minded to conviction and as willing to listen as the dying can be. We stand ready to do anything which will lift the merciless obsession from us.**”

Alcoholics Anonymous World Services, Inc. *Twelve Steps and Twelve Traditions*, 1981, p. 23-24.

Alcoholics Anonymous World Services, Inc., *Alcoholics Anonymous*, Fourth Edition, 2001, How It Works, p. 58.



Step One Prayer

Dear God, I admit that I am powerless over my addiction.

I admit that my life is unmanageable when I try to control it.
 Help me this day to understand
 The true meaning of powerlessness.
 Remove from me all denial of my addiction.

Derived from Alcoholics Anonymous World Services, Inc., *Alcoholics Anonymous*, Fourth Edition, 2001, More About Alcoholism, p. 30-43.

Happy New Year!

*My powerlessness over alcohol does not cease when I quit drinking.
 In sobriety I still have no choice — I can't drink.*

Alcoholics Anonymous World Services, Inc. Copyright © 1990. *Daily Reflections*, January 8.

The choice I do have is to pick up and use the "kit of spiritual tools"

Alcoholics Anonymous World Services, Inc. *Alcoholics Anonymous*, p. 25.

*When I do that, my Higher Power relieves me of my lack of choice - and
 keeps me sober one more day. If I could choose not to pick up a drink today,
 where then would be my need for A.A. or a Higher Power?*

Alcoholics Anonymous World Services, Inc. Copyright © 1990. *Daily Reflections*, January 8.

Happy New Year!

Selfishness and Self-Centeredness are the Root of Our Troubles

Unselfishness is the Root of Our Solutions

By Rick R.

Selfishness--self-Centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity we step on the toes of our fellows and they retaliate.

Alcoholics Anonymous World Services, Inc., *Alcoholics Anonymous*, Fourth Edition, How It Works, p. 62.





As I look back over my experience in the A.A. program I see a slow, but undeniable shift from being extremely selfish and unhappy, to being relatively unselfish and contented. Each of the steps played a specific role in it.

Step One was admission, Two, accepting guidance from outside of myself, Three, buying in completely, Four, identifying my character defects and fears, Five, admitting and being accountable for my behavior. Then came Six and Seven. Changing, (with the help of my higher power) all of the selfish habits and deeds that caused me to feel unworthy and shameful, a life time job in itself, Eight and Nine, having practiced unselfish behavior sufficient enough to restore my conscience and self-esteem, I make restitution to those I've wronged, Ten, Eleven, and Twelve, are my form of spiritual maintenance. Attendance at an A.A. step study meeting weekly, along with many other A.A. meetings, allows me to constantly review these selfish behaviors and rid myself of them a little at a time.

Every so often, while discussing service work and other forms of unselfish deeds, such as, making my bed in the morning, returning the cart back to the rack at the market, opening a door for someone, etc. etc. someone will inquire, "aren't those selfish acts in themselves, as we are only doing them in order to feel better ourselves"? To this I respond, when I had a broken finger, I went to a doctor to be treated, and when I have a headache, I take aspirins to feel better. It is not selfish to want to heal and the practice of unselfishness is the medicine that heals our broken spirits. It turns out that unselfishness is the road to peace and happiness and the solution to most of our troubles. We get to feel, that which normal people sometimes take for granted. I have never seen unselfishness fail.

Happy New Year!

I'm Your Disease

Submitted by Joe V. Author Unknown

I hate meetings. I hate your Higher Power. I hate you. I hate anyone who has a program. To all who come in contact with me, I wish you death and I wish you to suffer.

Allow me to introduce myself. I am the disease of addiction. Cunning, baffling, and powerful. That's me. I have killed millions, and I am pleased. I love to catch you with the element of surprise. I love pretending I am your friend and lover. I have given you comfort, have I not? Wasn't I there when you were lonely? When you wanted to die, didn't you call me? I was there. I love to make you hurt. I love to make you cry. You can't feel anything at all; that is true glory.

I will give you instant gratification and all I ask of you is long-term suffering. I've been there for you always. When things were going right in your life, you invited me. You said you didn't deserve these good things; I was the only one who would agree with you. Together, we were able to destroy all things good in your life.

People don't take me seriously. They take strokes seriously, heart attacks seriously, even diabetes they take seriously. Fools that they are, they don't know that without my help these things would not be made possible.

I am such a hated disease, and yet I do not come uninvited. You choose to have me. So many have chosen me over reality and peace.





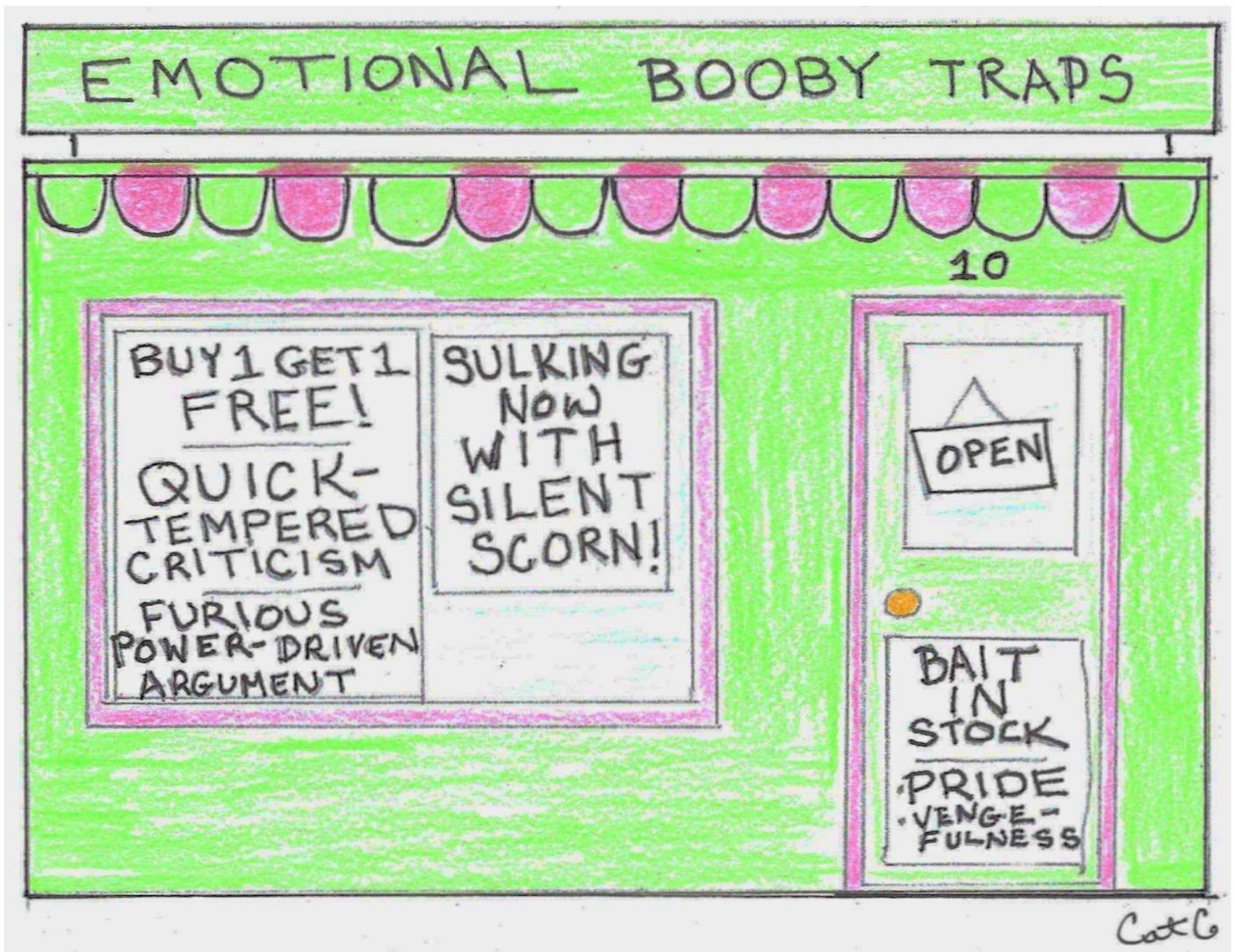
More than you hate me, I hate all of you who have a twelve-step program. Your program, your meetings, your Higher Power, all weaken me, and I can't function in the manner I am accustomed to.

Now, I must lie here quietly. You don't see me, but I am growing bigger than ever. When you only exist, I may live. When you live, I only exist. But I am here ... and until we meet again, if we meet again, I wish you death and suffering. I am your disease.

Happy New Year!

Emotional Booby Traps

Inspired by the writings in the *Twelve Steps and Twelve Traditions*, page 91 (Step Ten).



Submitted by Cat C., Grants Pass, OR





A.A. Grapevine® Quotes of the Day

To receive A.A. Grapevine® Daily Quote in your email inbox each and every day, visit www.aagrapevine.org.

GRAPEVINE® Daily Quote

"I was, am, and always will be powerless over alcohol. My life was, is, and always will be unmanageable. Today, because I'm a recovering alcoholic, that's okay."

"Each day I turn my ongoing spiritual experience into a sane and happy usefulness among my fellow travelers."

"There have been many times when I've felt inadequate to meet life's demands, but A.A. and the Twelve Steps have always helped me find a way."

"Today it is no longer about who cares for me, it is about learning to love others."

"True morality has its inevitable compensations, for when we benefit someone we increase our own happiness."

"My desire to drink became a desire not to."

"Believing that I was powerless ultimately reduced the size of my world -- down to me in the moment."

Happy New Year!

A.A. Fun & Humor

Just a little humor to lighten the moment. Send your A.A.-related favorites to gpaanews@gmail.com.

"Laughter is one of God's greatest and most beneficent gifts to us. Laugh with him sometimes at yourself."

New York, N. Y., November 1946, "Sobriety for Ourselves", Thank You for Sharing: Sixty Years of Letters to the Grapevine®.

Rule #62

"Don't take yourself too damn seriously" is at the heart of On the Rogue Fun & Humor section. Often times staying sober calls for a good laugh, so that we don't take our situations or ourselves too seriously. Interestingly, humor tends to put things in perspective.



On the Rogue attempts to remind us of that each and every month, publishing jokes and cartoons. If you have a joke to share with us, please submit it at the JOCOAA website at www.grantspassaa.com/newsletters/. We hope you enjoy the humor, and please always remember, be happy and laugh ... often and a lot.

Josephine County Intergroup and Central Office / 423 NW 6th Street, Suite 202, Grants Pass, OR 97526
 (541) 474-0782 (24 Hours a day) / www.grantspassaa.com / grantspassaa@gmail.com
 Office Hours: Monday-Friday, 10AM – 4PM and Saturdays by appointment



A·A· Seventh Tradition Contributions and Donations



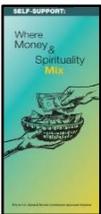
Thank you to the A.A.'s and A.A. Groups for their contributions that support and keep Central Office open to serve our community.



The amounts shown here are officially recorded funds presented at the monthly Intergroup Business Meeting. Contributions received and deposited after mid-month will be reflected in the following month's Newsletter.

Current Period includes funds received and deposited during Nov 16, 2020 through December 15, 2020. Year-to-Date includes funds received and deposited during December 16, 2019 through December 15, 2020.

Message from Josephine County A·A· Central Office



JOCOAA deeply appreciates the contributions it receives from groups and individual A.A.s., but please know that we need your continued support and help during these difficult times. Please support Central Office with your Seventh Tradition contributions, so that Central Office can remain open and continue to serve our community with A.A.'s primary purpose.

"Self-support begins with me because I am part of us – the group. We pay our rent and utility bills, buy coffee, snacks and A.A. Literature. We support our central office, our area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of A.A.*"

*Reprinted from Self-Support: Where Money and Spirituality Mix, page 5, with permission of A.A. World Services, Inc.

Current	Nov 16, 2020 - Dec 15, 2020		Year-To-Date (YTD)		Dec 16, 2019 - Dec 15, 2020	
	AA Group	Current	YTD	AA Group	Current	YTD
12 & 12 Study Group	\$0	\$125	Progress Group	\$0	\$50	
12 O'Clock High Group	\$0	\$771	Rogue Mountain Retreat	\$0	\$139	
Attitude Adjustment Meeting	\$0	\$50	Rogue River Sunday Group	\$0	\$300	
Easy Does It Group	\$0	\$1,406	Serenity Cease Fighting Group	\$0	\$299	
Experience, Strength, and Ho	\$0	\$90	Simply A.A.	\$0	\$100	
Families in Recovery	\$0	\$456	Sobriety Sisters Group	\$0	\$250	
Fireside Group	\$0	\$290	Stronger Together Women	\$0	\$147	
Happy Hour Group	\$45	\$402	The Nooners Group	\$72	\$452	
Illinois Valley Group	\$0	\$75	Thursday Night Winner's Group	\$0	\$120	
Looking Forward Group	\$0	\$400	Uppity Women's Group	\$0	\$50	
Marathon Meetings	\$0	\$10	Women's Live & Let Live Group	\$0	\$180	
Men's Stag Group	\$0	\$600	Devoted Members of JOCOAA			
Merlin Group	\$257	\$757	and Impromptu Meetings	\$100	\$922	
Monarch Group	\$0	\$50	Old Timer Speaker Meeting	\$0	\$315	

The following A.A.'s donated to Central Office:			
A.A.	Donation	A.A.	Donation
Jim J.	\$100		





Josephine County A·A· Intergroup News



Intergroup
Fellowship

The Josephine County Intergroup (JOCOAA) serves all A.A. groups of Josephine County. JOCOAA Business Meetings are held monthly on the third Thursday at 432 NW 6th Street, Room 107 on the first floor at 7:00 PM. They are also available on ZOOM®. The link to join the business meeting on ZOOM® is available at <https://www.grantspassaa.com/intergroup/>.

A.A. Groups, GSRs, and individual A.A. Members are encouraged to attend these meetings.



Intergroup is a service center, according to A.A. Tradition, having no authority on its own account; Intergroup derives it from the participating groups. Therefore, as an A.A. service entity, Intergroup is "directly responsible to those they serve," as described in Tradition Nine. Local group representatives reflect the groups' conscience in the service center operations.

Josephine County Intergroup is essentially a steering committee that is set up to handle the administrative activities of the service office. During its regularly scheduled meetings, Intergroup deals with general policy and plans. As such, periodically, Intergroup reports to group representatives on administrative concerns, topics, problems, and accomplishments.

The following positions in Intergroup are held by individual A.A. members, who are voted in by Intergroup representatives at the positions' bi-annual rotation. Some positions noted below are up for rotation this year. If any A.A. member would like fill any of these open positions, please attend the February 18, 2021 Business Meeting and make known your intention.

Steering Committee:

Steering Committee Chairperson (currently held by Randy R.)

- Responsible for ensuring smooth operation of the Josephine County Intergroup;
- Coordinates monthly Intergroup business meetings;
- Josephine County Intergroup Steering Committee member;
- **Rotation is open and available in February 2021.**

Vice-Chair Steering Committee (currently held by Steve P.)

- Assists Steering Committee Chairperson in running the monthly business meetings;
- Assumes Chairperson duties when the Chairperson is absent;
- Josephine County Intergroup Steering Committee member;
- Next position rotation opens in February 2022.

Secretary (currently by held Kristi M.)

- Responsible for recording and archiving meeting minutes for monthly business meetings, steering committee and special meetings;
- Josephine County Intergroup Steering Committee member;
- **Rotation is open and available in February 2021.**





Treasurer (currently held Elizabeth H.)

- Responsible for financial operations of Intergroup;
- Deposits monies received;
- Pays bills;
- Reconciles bank account;
- Prepares monthly financial statements;
- Josephine County Intergroup Steering Committee member;
- Next position rotation open in February 2022.



Office Manager (currently held by Suzanne B.)

- Oversees the functioning of the Central Office where some duties include:
 - Maintaining equipment and supplies needed for the office;
 - Updating and publishing meeting lists for Josephine County;
 - Updating Twelve-Step call lists;
- Josephine County Intergroup Steering Committee member;
- Next position rotation open in February 2022.

Committee Chairpersons:

Events Coordinator (currently held by Stacy H.)

- Coordinates Intergroup sponsored events;
- Next position rotation opens in February 2022.

Volunteer Coordinator (currently held by Jeff P.)

- Oversees staffing of volunteer positions;
- Maintains phone volunteer schedules and rosters;
- Next position rotation opens in February 2022



Literature Chairperson (currently held by Sherry S.)

- Stocks, purchases, and tracks sales of all A.A. literature for the Central Office;
- **Rotation is open and available in February 2021.**

Newsletter Chair (currently by held Winslow C.)

- Editor of the monthly e-newsletter;
- Recruits input from the local A.A. community and publishes e-Newsletter;
- **Rotation is open and available in February 2021.**

Web Servant (currently held by Mary L.)

- Maintains and updates Josephine County Intergroup/District 7 website;
- **Rotation is open and available in February 2021.**

Believe in the Spirit of Rotation
and GET INVOLVED





A.A. Events



The following are local events that specifically include an A.A. meeting. Please visit www.grantspassaa.com to see all current A.A. events including those events in nearby areas.

Monthly Traditions and Concepts Workshop

Hosted by District 16

Wednesday, January 20, 2021 @ 6:00 PM – 6:50 PM

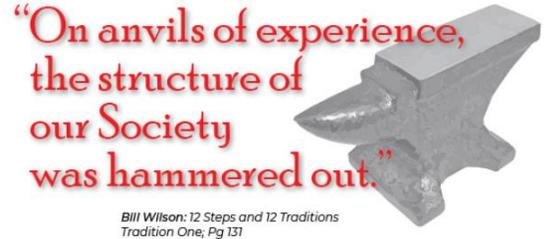
Tackling one Tradition and one Concept per month corresponding to the month in which it is presented.



“We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room.”

Bernard B. Smith, GSO Trustee, opening the 1954 General Service Conference, A.A. Service Manual, P. 520.

Workshop recurs on the 3rd Wednesday of every month followed at 7:00 PM by the monthly District 16 Business Meeting.



Bill Wilson: 12 Steps and 12 Traditions Tradition One; Pg 131

Join us **REMOTELY** from your smart device or phone

Online at ZOOM®:

<https://zoom.us/j/275208623>

Password: 01601935

By phone:

Call in: (669) 900-6833

Password: 01601935

Visit <https://medfordareaaa.org/event/monthly-traditions-concepts-workshop/> for information on how to access the meeting.



The Latest COVID-19 Meeting Information



Due to the recently heightened public health directives in regard to concerns with COVID-19, all A.A. groups that were meeting in-person have now ended that arrangement. However, the majority of A.A. groups continue to hold remote meetings online via the ZOOM® digital platform.

Check out the Intergroup/District 7 website at www.grantspassaa.com/meetings/ for a list of local ZOOM® A.A. meetings. You will find each meetings' access information, such Meeting ID and Password. You can always call JOCOAA Central Office for that information at (541) 474-0782.



“We are not defenseless against COVID-19,” said CDC Director Dr. Robert R. Redfield. “Cloth face coverings are one of the most powerful weapons we have to slow and stop the spread of the virus – particularly when used universally within a community setting. All Americans have a responsibility to protect themselves, their families, and their communities.”





Sober Fun Events



Events listed below are not A.A. events. They are attending.



not include formal meetings. They are for the enjoyment and benefit of those

Friends of Bill W Monday Night Bowling

Caveman Bowl, 1230 Rogue River Hwy, Grants Pass, OR 97527
Every Monday! Sign-up at 5:00PM. Bowling at 5:30PM.
Cost is \$2.50/game per adult and \$3.50/game per kid. Shoes are included.



Bingo

Hi-Lo Club, 668 Lincoln Rd, Grants Pass, OR 97526
Cancelled, 7:00PM-9:00PM
Cancelled, 7:00PM-9:00PM



Happy New Year!

Upcoming Calendar Events

The following events are held at the Hi-Lo Club unless otherwise noted. For full details, please visit www.grantspassaa.com/events. If you are involved in an upcoming event, let us help you get the word out. Email us at gpaanews@gmail.com.



District 7 Jan 5 @ 7:00PM
Business Meeting Feb 2 @ 7:00PM
Zoom® Meeting Meeting ID: 648 127 84
Password: 828804

SORYPAA Jan 10 @ 2:00PM
Business Meeting Feb 14 @ 2:00PM
Zoom® Meeting Meeting ID: 292 293 5999
Password: 250424

JOCOAA Intergroup Jan 21 @ 7:00PM
Business Meeting Feb 18 @ 7:00PM
432 NW 6th St, Room 107, Grants Pass, OR
Zoom® Meeting Meeting ID: 872 296 10
Password:

Rogue Roundup 2021 TBD
Board Meeting TBD
Visit the Rogue Roundup Website for more information @ www.rogueroundup.com.
TENTATIVE 2021 Roundup – May 6-9, 2021

Happy New Year!

ANNOUNCEMENT: Help Other Women in Recovery!



Join us in planning the 2021 Rogue Valley Woman in Recovery Brunch.
This is a great way to meet and serve other woman in recovery. See you there!



Next meeting: Tuesday, January 26, 2021 6:00 PM PST
Join us on ZOOM®: Meeting ID: 5418640525 Passcode: jodiez

“Today it is no longer about who cares for me, it is about learning to love others.”

Schaumburg, Ill., March 2006, “Living Large,” A.A. Grapevine®





A.A. Soberversaries



Josephine County A.A. Intergroup recognizes those members who have a sobriety birthday this month and celebrates their milestone in recovery with the entire A.A. community.



NAME	DATE	YEARS	NAME	DATE	YEARS
Dave B	January 5, 1975	46	Cathi C	January 22, 2007	14
Kathy F	January 10, 1978	43	David W	January 1, 2008	13
Ann B	January 21, 1981	40	Laura D	January 2, 2009	12
Shirley M	January 17, 1982	39	Miles KD	January 22, 2011	10
Judy B	January 22, 1982	39	Rob W	January 6, 2012	9
Lee H	January 11, 1983	38	Terry H	January 2, 2013	8
Sherry B	January 1, 1985	36	Hilde C	January 30, 2013	8
George B	January 2, 1985	36	Mike M	January 10, 2013	8
Sandra J	January 3, 1987	34	Bill I	January 12, 2014	7
David C	January 16, 1990	31	Megan	January 27, 2015	6
Brian O	January 22, 1992	29	Carole C	January 4, 2016	5
Ray B	January 1, 1993	28	Shawna S	January 19, 2016	5
Donna S	January 5, 1996	25	Trazia	January 19, 2016	5
Tom J	January 2, 1997	24	Robin McC	January 29, 2016	5
Andrew K	January 23, 1998	23	Stacy H	January 31, 2016	5
Bruce K	January 14, 2001	20	Kendra L	January 13, 2017	4
Tina M.	January 28, 2004	17	Shawna S	January 21, 2017	4
Russ S	January 23, 2005	16	Maloy M.	January 23, 2017	4



Next month, in February's edition of Keeping It Simple, we will cover **Step Two, Tradition Two, and World Service Concept II** plus the **Second Step Prayer and Principle**.

All the A.A. Steps provide something to us. Step Two gives us **HOPE**. With Step Two we learn that we are not alone, and that something greater than ourselves can help to conquer our alcoholism and the despair that comes with it. It means being restored to sanity because our lives are no longer controlled by the insanity of our disease. Here, we come to believe in something greater than ourselves, a **Higher Power**. But the emphasis is not on who or what the Higher Power is, but on what the Higher Power can do for us.

DISCLAIMER

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