

AA Phone Meetings Updated 6/1/20 @ 9:35am

Orange are local meetings

Once you have entered the meeting please press *6 to mute yourself. During sharing time you are welcomed to press *6 to unmute yourself.

Daily 6 am

Good Morning God

This is a 55 min meeting focused on improving our conscious contact with our higher power. We read conference approved literature and 24 h a day, then follows a period of silence for meditation/contemplation, and then open the meeting for sharing about Experience, Strength, Hope or a reading.

(319) 527-2730 then dial participant code 959544#

Daily 9:00am

Sober Voices Group

Topic Discussion

(712) 432-0075, pass code 654443#

Sober Voices does not accept anonymous callers, use *82 to display your phone number.

Daily 10:00am

One Day at a Time

Mon - Traditions

Tues - Daily Reflections

Wed - Steps

Thurs- Stories in the Big Book

Fri - Big Book

Sat - Speaker/Discussion

Sun - Living Sober

(712) 775-7031 access code 198520#

Daily noon (zoom)

Easy Does It

(253) 215-8782 Meeting ID 862 3924 0227

Daily 3:00pm

There IS a SOLUTION

This is a literature, slogan and gratitude telephone meeting. Participants read AA literature, AA slogans or gratitude and then share

(712) 451-0675 code is 522178#

Daily 5:00pm

AA Big Book Cover-to-Cover

A daily telephone meeting that focuses on reading and discussing the AA Big Book, cover-to-cover. Open to all; everyone is welcome to attend.

(425) 436-6200 access code 575176#

Daily 7:00pm

Sober Voices Group

Sun - BB Study, 7pm PST

Mon - Beginners, 7pm PST

Tue - Vision for You, 7pm PST

Wed - BB Study, 7pm PST

Thu - 12x12, 7pm PST

Fri - Promises/Topic, 7/9 PST

Sat - Daily Rflctns/Topic, 7pm/9 PST

Everyday - Topic Discussion, 9AM PST

(712) 432-0075, pass code 654443#

Sober Voices does not accept anonymous callers, use *82 to display your phone number.

Daily 7:00pm (zoom)

Illinois Valley Group

(253) 215-8782 Meeting ID 102 543 821

Sunday 9 am-10:30 am

Cocoanuts

This is the regular meeting of the Cocoanuts Group of Alcoholics Anonymous in San Francisco. We hold a 90 minutes speaker/discussion each Sunday morning. Due to a countywide shelter-in-place order, we have moved online for the next couple of months and would love for our fellows outside of SF to join us.

(669) 900-9128 access code 171 330 035

Sunday 11:00am (zoom)

Cease Fighting

(253) 215-8782 Meeting ID 725 178 2764# password GPCF11 (472311)

Sunday 12:00pm (noon)

The Fourth Dimension Group

We gather together for sobriety using our telephones on Tuesday, Thursday, and Sunday at 12 pm PST.

(712)770-5600 passcode: 405008#

Sunday 6:00pm (zoom)

Next Generation

(253) 215-8782 Meeting ID 190418933# password Nextgen (6398436)

Sunday 7:00pm (zoom)

Sunday Rogue River

(253) 215-8782 Meeting ID 434 493 922# password KISS (5477)

Sunday 7:30pm

My Group Online

415- 579-1333

Monday 6:30am

Attitude Adjustment

Meeting room is open at 6:30 for fellowship and Meeting starts at 6:45

(971)224-6573 Code 577155

Monday 9:00am

The First 164

We study the 1st 164 pages of A.A.'s Big Book

(605) 313-5109 access code dial 259095#

Monday 6:00pm (zoom)

Turning Point

(253) 215-8782 Meeting ID 930 784 2866# password TPAA1 (87221)

Tuesday 10:00am (zoom)

Home Bound

(253) 215-8782 Meeting ID 655 564 1024#

Tuesday 12:00pm (noon)

The Fourth Dimension Group

We gather together for sobriety using our telephones on Tuesday, Thursday, and Sunday at 12 pm PST.

(712)770-5600 passcode: 405008#

Tuesday 5:30pm (zoom)

The Other 12

(253) 215-8782 Meeting ID 501 814 564# password 053778

Tuesday 5:45pm (zoom)

Safe Haven (Women)

(253) 215-8782 Meeting ID 820 515 482# password 174680

Tuesday 8:00pm

My Group Online

415- 579-1333

Wednesday 6:30am

Early Bird

Meeting room is open at 6:30 for fellowship and Meeting starts at 6:45

(971)224-6573 Code 577155

Wednesday 12:00pm (noon)

My Group Online

415- 579-1333

Wednesday 6pm AA Speaker Wednesday

A speaker will share their experience strength and hope for 20-30 mins and then the meeting will open for discussion. 425-436-6324 Pin: 670901#

Wednesday 6:00pm (zoom)

Turning Point

(253) 215-8782 Meeting ID 930 784 2866# password TPAA1 (87221)

Wednesday 8:00pm

My Group Online

415- 579-1333

Thursday 6:45am (zoom)

Looking Forward

(253) 215-8782 Meeting ID 909 015 773# password 091695

Thursday 12pm

The Fourth Dimension Group

We gather together for sobriety using our telephones on Tuesday, Thursday, and Sunday at 12 pm PST.

Dial: (712)770-5600 passcode: 405008#

Thursday 6:00pm (zoom)

Thursday Winners

(253) 215-8782 Meeting ID 162 989 971# password 308060

Thursday 6pm

California Avenue Supper Group

Meeting Description: This meeting is open and anyone may attend. Speaker meeting/open discussion.

669 900 9128 US (San Jose) Meeting ID: 299 192 246

Thursday 8:00pm

My Group Online

415- 579-1333

Thursday 10:00pm (zoom)

Home Bound

(253) 215-8782 Meeting ID 655 564 1024#

Friday 9am

Fearless Friday

"Topic – Open Discussion"

(669)900-6833 Access Code 142363119#

Friday 11:00am

My Group Online

415- 579-1333

Friday 12pm (noon)

TGIF

Read preamble, How it works, and Traditions. We read the AA Grapevine. Topic discussion meeting.

Phone number 712-775-7031 code 861676259# *6 mute and unmute

Friday noon (zoom)

Uppity Women's 11th Step Study

(253) 215-8782 Meeting ID 884 7494 2415# password: 467084

Friday 5:30pm (zoom)

Happy Hour

(253) 215-8782 Meeting ID 373 717 878# password 484526

Friday 7:00pm (zoom)

Friday Night Winners

(253) 215-8782 Meeting ID 771 494 345# password 419586

Friday 8:00pm (zoom)

Friday Night Speaker

(253) 215-8782 Meeting ID 760 085 8029#

Saturday 9:00am (zoom)

Looking Forward

(253) 215-8782 Meeting ID 334 750 3740# password 091695

Saturday noon (zoom)

Women's Live & Let Live

(253) 215-8782 Meeting ID 218 809 657# password 839041

Saturday 6:00pm

My Group Online

415- 579-1333