

Keeping It Simple



January 2019

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The Josephine County Intergroup Newsletter

"An honest regret for harms done, a genuine gratitude for blessings received, and a willingness to try for better things tomorrow will be the permanent assets we shall seek."

From AA World Services, Inc., *Twelve Steps and Twelve Traditions*, p. 95.

Welcome

"Keeping it Simple" is a monthly publication brought to you by the Josephine County Intergroup.

Please sign up for the Newsletter subscription service which provides you with the monthly edition directly to your email Inbox! Visit the GP AA website for the subscription form and directions or scan the QR Code to the right with your mobile device to be taken directly to the form. Additional Copies and some previous issues of the Newsletter are available at the Central Office and the Hi-Lo Club. All previous issues of the Newsletter are only available on the website at

www.grantspassaa.com/newsletters.



Many thanks to this issue's contributors. If you would like to contribute, please send your personal stories, poems, art work, cartoons, jokes, or anything that has helped you on your journey for the February 2019 issue no later than Friday, January 25th. To submit your contribution, email it to Winslow at gpaanews@gmail.com.



Step 1 - "We admitted we were powerless over alcohol – that our lives had become unmanageable."

LACK OF CONTROL, ACKNOWLEDGE, ACCEPTANCE, EMBRACE HONEST CHANGE

WHO cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of providence can remove it from us.



No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self-sufficiency and all will to resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

But upon entering A.A. we soon take quite another view of this absolute humiliation. We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built.

We know that little good can come to any alcoholic who joins A.A. unless he has first accepted his devastating weakness and all its consequences. Until he so humbles himself, his sobriety—if any—will be precarious. Of real happiness he will find none at all. Proved beyond doubt by an immense experience, this is one of the facts of A.A. life.

The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole Society has sprung and flowered.

When first challenged to admit defeat, most of us revolted. We had approached A.A. expecting to be taught self-confidence. Then we had been told that so far as alcohol is concerned, self-confidence was no good whatever; in fact, it was a total liability. Our sponsors declared that we were the victims of a mental obsession so subtly powerful that no amount of human willpower could break it. There was, they said, no such thing as the personal conquest of this compulsion by the unaided will. Relentlessly deepening our dilemma, our sponsors pointed out our increasing sensitivity to alcohol—an allergy, they called it. The tyrant alcohol wielded a double-edged sword over us: first we were smitten by an insane urge that condemned us to go on drinking, and then by an allergy of the body that insured we would ultimately destroy ourselves in the process. Few indeed were those who, so assailed, had ever won through in singlehanded combat. It was a statistical fact that alcoholics almost never recovered on their own resources. And this had been true, apparently, ever since man had first crushed grapes.

In A.A.'s pioneering time, none but the most desperate cases could swallow and digest this unpalatable truth. Even these "last-gaspers" often had difficulty in realizing how hopeless they actually were. But a few did, and when these laid hold of A.A. principles with all the fervor with which the drowning seize life preservers, they almost invariably got well. That is why the first edition of the book "Alcoholics Anonymous," published when our membership was small, dealt with low-bottom cases only. Many less desperate alcoholics tried A.A. but did not succeed because they could not make **the admission of hopelessness**.

From AA World Services, Inc., *Twelve Steps and Twelve Traditions*, p. 21-23.

*The choice I do have is to pick up and use the "kit of spiritual tools" (Alcoholics Anonymous, p. 25).
When I do that, my Higher Power relieves me of my lack of choice—and keeps me sober one
more day. If I could choose not to pick up a drink today,
where then would be my need for A.A. or a Higher Power?*

From the book *Daily Reflections*, January 8.
Copyright © 1990 by Alcoholics Anonymous World Services, Inc.



It is no coincidence that the very first Step mentions powerlessness: An admission of personal powerlessness over alcohol is a cornerstone of the foundation of recovery. I've learned that I do not have the power and control I once thought I had. I am powerless over what people think about me. I am powerless over having just missed the bus. I am powerless over how other people work (or don't work) the Steps. But I've also learned I am not powerless over some things. I am not powerless over my attitudes. I am not powerless over negativity. I am not powerless over assuming responsibility for my own recovery. I have the power to exert a positive influence on myself, my loved ones, and the world in which I live.

From the book *Daily Reflections*, January 3.
Copyright © 1990 by Alcoholics Anonymous World Services, Inc.

Tradition 1 - "Our common welfare should come first; personal recovery depends upon A.A. unity."

The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives Of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, "What a great thing A.A. might have been!"

"Does this mean," some will anxiously ask, "that in A.A. the individual doesn't count for much? Is he to be dominated by his group and swallowed up in it?" We may certainly answer this question with a loud "No!" We believe there isn't a fellowship on earth which lavishes more devoted care upon its individual members; surely there is none which more jealously guards the individual's right to think, talk, and act as he wishes. No A.A. can compel another to do anything; nobody can be punished or expelled. Our Twelve Steps to recovery are suggestions; the Twelve Traditions which guarantee A.A.'s unity contain not a single "Don't." They repeatedly say, "We ought . . ." but never "You must!"

To many minds all this liberty for the individual spells sheer anarchy. Every newcomer, every friend who looks at A.A. for the first time is greatly puzzled. They see liberty verging on license, yet they recognize at once that A.A. has an irresistible strength of purpose and action. "How," they ask, "can such a crowd of anarchists function at all? How can they possibly place their common welfare first?

What in Heaven's name holds them together?" Those who look closely soon have the key to this strange paradox. The A.A. member has to conform to the principles of recovery. His life actually depends upon obedience to spiritual principles. If he deviates too far, the penalty is sure and swift; he sickens and dies. At first, he goes along because he must, but later he discovers a way of life he really wants to live. Moreover, he finds he cannot keep this priceless gift unless he gives it away. Neither he nor anybody else can survive unless he carries the A.A. message. The moment this Twelfth Step work forms a group, another discovery is made—that most individuals cannot recover unless there is a group. Realization dawns that he is but a small part of a great whole; that no personal sacrifice is too great for preservation of the Fellowship. He learns that the clamor of desires and ambitions within him must be silenced whenever these could damage the group. It becomes plain that the group must survive, or the individual will not.





Tradition One



When A.A. was very young, the first members clearly saw the preservation of its unity as a life-or-death matter for themselves and for the alcoholics still unrecovered. The First Tradition states this aim, and it is the common aim of all Twelve Traditions. When A.A. reached the age of 35, the aim was restated in the theme of the 1970 International Convention:

This we owe to A.A.'s future:
 To place our common welfare first;
 To keep our Fellowship united.
 For on A.A. unity depend our lives,
 And the lives of those to come.

Each of the other eleven Traditions explains one specific way to protect the unity of the Fellowship and the A.A. group. Those early members quickly recognized power-drivers as potential group-wreckers. And they're still around—the members who are always sure that they're always right—the members who are happily ready to assume all the burdens of leadership and grimly unwilling to share them, let alone give them up.

From the book *The Twelve Traditions Illustrated*
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Step One of Alcoholics Anonymous – An Overview

Step One is often referred to as the only step we have to do perfectly. This is the point in which we admit that we have lost all power and control over our addiction. This is the step in which we lay the foundation for our recovery.

After admitting our powerlessness, we can begin our journey to successful recovery. Without this step our efforts will be in vain. You see, it is the loss of power and control over our addiction that causes the unmanageability of our lives. Many of us addicts struggle with this step because we haven't lost everything as others may have. This gives us the false sense that we may still have control. We feel that because our lives appear outwardly to be in order, how could we possibly admit that our lives had become unmanageable?



It is here that step one is often misinterpreted. The step reads **“We admitted we were powerless over alcohol – that our lives had become unmanageable.”** The dash in this statement acts as a continuation of thought. It does not say “and our lives had become unmanageable.” The dash suggests that while we may still have our “stuff” together, our addiction causes all of that to hang on a precarious balance. At any moment our loss of power over the drink or the drug can bring it all crashing down around us.

The unmanageability of our lives, and our powerlessness over our addiction go hand in hand. We cannot recognize one without the other if we hope to be successful in recovery. **Once we have understood and accepted these co-occurring facts, we can begin to stop fighting our disease. We can surrender to the fact that our old ways of living were unsuccessful, and a new way of living is a must for survival.**

Taking Step One is not just a matter of saying the words, rather it is an adoption of a new attitude and outlook upon life. Once we have admitted complete defeat and a willingness to surrender, we begin learning how to change our self-defeating behaviors. We become willing to take the suggestions of others that have traveled the same path before us and have found recovery. This is the point where hope begins to return, and we start to realize that there is a better way of living free of the internal prison we have been trapped in during our active addiction. Here we break the chains that have held us down for so long.

*My powerlessness over
alcohol does not cease when
I quit drinking.
In sobriety I still have no
choice —
I can't drink.*

From the book *Daily Reflections*, January
8.
Copyright © 1990 by Alcoholics

Once we have thoroughly taken this step with no reservations of being able to control our addiction, our foundation for recovery is poured. It is from here that we plant our feet on solid ground once again and begin our life long journey of recovery!

Teague, Ryan (May 2, 2018), “*Step One of Alcoholics Anonymous – An Overview*,” Recovery Connection, Retrieved from <https://www.recoveryconnection.com/step-one-of-alcoholics-anonymous/>



The Drink

Lance B

Out of the dark, did you call.
Walking down the hallowed hall.

The wine, the beer,
here's to another empty cheer,
drowning out my unshed tear.

Your gift, one more lie.
My heart, my hands, did you tie,
yearning only, for the bye and bye.

Further and further, I drifted away.
Your grip, I thought I'd never stray.

For I did not know, those sacred steps,
they would show, so I'd change, so I'd grow.

The gift I found on my way, a place they call AA,
and there is where I'll stay.



Hope for a Better Life





Intergroup and Central Office News

Josephine County Intergroup

The Josephine County Intergroup serves all the groups of Josephine County. Business Meetings are held monthly on every third Thursday at 432 NW 6th Street, Room 107 on the first floor at 7:00PM.

AA Groups, GSRs, and/or individual AA Members are encouraged to attend these meetings.

In the previous issue of the Newsletter, we discussed how Intergroup is a service center, according to AA Tradition, having no authority on its own account; Intergroup derives it from the participating groups.

Therefore, as an A.A. service entity, Intergroup is "directly responsible to those they serve," as described in Tradition Nine. Local group representatives reflect the groups' conscience in the service center operations.

Josephine County Intergroup is essentially a steering committee that is set up to handle the administrative activities of the service office. During its regularly scheduled meetings, Intergroup deals with general policy and plans. As such, periodically, Intergroup reports to group representatives on administrative concerns, topics, problems and accomplishments.

Positions in Intergroup are held by individual AA members, who are voted in by Intergroup representatives at the positions' bi-annual rotation. Some positions noted below are up for rotation this year. If any AA member would like fill any of these positions, please attend the February 2019 Business Meeting and make known your intention.

The Josephine County Intergroup is comprised of the following individual positions:

Steering Committee Chairperson (currently held by Dave M.)

- Responsible for ensuring smooth operation of the Josephine County Intergroup;
- Coordinates monthly Intergroup business meetings;
- Josephine County Intergroup Steering Committee member;
- **Next position rotation opens in February 2019.**

Vice-Chair Steering Committee (currently held by Randy R.)

- Assists Steering Committee Chairperson in running the monthly business meetings;
- Assumes Chairperson duties when that person is absent;
- Josephine County Intergroup Steering Committee member;
- Next position rotation opens in February 2020.

Secretary (currently by held Kristi M.)

- Responsible for recording and archiving meeting minutes for monthly business meetings, steering committee and special meetings;
- Josephine County Intergroup Steering Committee member;
- **Next position rotation opens in February 2019.**





Treasurer (currently by held Elizabeth H.)

- Responsible for financial operations of Intergroup;
- Deposits monies received;
- Pays bills;
- Reconciles bank account;
- Prepares monthly financial statements;
- Josephine County Intergroup Steering Committee member;
- **Next position rotation opens in February 2019.**

Office Manager (currently held by Jen F.)

- Oversees functioning of the Central Office where some duties include:
- Maintaining equipment and supplies needed for the office;
- Updating and publishing meeting lists for Josephine County;
- Updating Twelve-Step call lists;
- Josephine County Intergroup Steering Committee member;
- Next position rotation open in February 2020.

Events Coordinator (currently held by Janet P.)

- Coordinates Intergroup sponsored events;
- Next position rotation opens in February 2020.

Volunteer Coordinator (currently held by Kathy T.)

- Oversees staffing of volunteer positions;
- Maintains phone volunteer schedules and rosters;
- Next position rotation opens in February 2020

Literature Chairperson (currently held by Sherry S.)

- Stocks, purchases, and tracks sales of all AA literature for the Central Office;
- **Next position rotation opens in February 2019.**

Newsletter Chair (currently by held Winslow C.)

- Acting editor for publishing of the bi-monthly newsletter;
- Recruits articles and input from the local community
- Works closely with volunteers to produce and distribute "Keeping It Simple" Newsletter;
- **Next position rotation opens in February 2019.**

Web servant (currently held by Jen F.)

- Maintains and updates Josephine County Intergroup/District 7 website;
- **Next position rotation opens in February 2019.**

In light of the upcoming Intergroup rotations, We present the following article in an effort to encourage A.A. members to serve on Intergroup and all other service positions as they become open throughout the upcoming year.

In fact, there are many positions at the group, District, and Intergroup levels that will become open in 2019. We encourage you to enhance your sobriety and personal growth and serve on one of these positions.





The Spirit of Rotation

As we approach the November Area Assembly when some of our trusted servants will rotate, I have been reflecting on A.A.'s spirit of rotation. Over the course of my sobriety, I have been honored to serve in several positions at the group, district, and Area level. Needless to say, I had to rotate at the end of a specified time for each position. My experience was that I didn't rotate "out," but rather I rotated on to another position. I am very grateful for what I learned and experienced in each position I held, but I am also reminded how rotation fits in the big picture of our A.A. service structure.



Our principle of rotation is important, not only to groups, districts, the Area, and A.A., but to me personally. I've joked and kidded around saying, "I could do another year," and I meant it. I truly loved every A.A. job and I wouldn't have minded continuing on. Fortunately for all, I learned long ago to follow instructions and the example of those who came before me. Our literature is the place I always find what I need, so I turned to the pamphlets, *The A.A. Group ... Where It All Begins*, *GSR – May Be The Most Important Job In A.A.*, and to the *A.A. Service Manual Combined With the Twelve Concepts for World Service*.

There are ample references to the fact that we A.A.'s are likely to start "empire building" or having "vested interests" or we will become "frozen in office" if we stay in a position too long. I'm sure many of you have heard someone say that they are beginning to feel like they "own" their job when they've been at it for a long time. This is not a particularly a good thing for us or for A.A. **With rotation, we are able to attract a larger number of people into service, and fresh approaches and new ideas are introduced. Rotation almost always guarantees enthusiasm and ensures that the circle of those in A.A. service is ever widening. Conversely, if we stay in a job beyond the specified time, we are preventing someone else from having the experience. Even though there may not be an apparent replacement waiting to step in, we rotate anyway. It may force someone out of their comfort zone.** Someone WILL come forward, either because someone encourages them to do so or they find the courage to volunteer. Aside from the above benefits of rotation, for the individual it can be a catalyst for personal growth and it's a way to practice humility. **At the end of his/her term of office, each trusted servant needs to get out of the driver's seat and accept the fact that neither the world nor A.A. revolves around him or her. Rotation helps keep our feet on the ground and keeps us 'right-sized' – two important ingredients in our recovery.**

And there's more. Adherence to the principle of rotation helps us practice Traditions One, Two, and Twelve. Tradition One states, "Our common welfare should come first ..." One's person's control does not foster a common welfare for any group or meeting at any level. Tradition Two states, "For our group purpose there is but one ultimate authority – a loving God as He may express himself in our group conscience ..." One person's control does not constitute a group conscience. Tradition Twelve states, "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities." One person's control is not placing "principles before personalities."

Finally, we find instructions in Concepts Nine and Twelve. An excerpt from Bill's essay on Concept Nine published in the Illustrated pamphlet version states, "Due to A.A.'s principle of rotation, furnishing our service structure with able and willing workers has to be a continuous effort." In Concept Twelve, Warranty One, we find, "... that the Conference never becomes the seat of perilous wealth or power." The principle of rotation acts as a direct check upon any one person having too much power or authority.



At the end of my term as delegate, many of you asked me how I felt about rotating to “the back of the room.” As I stated above, I loved my job and would have continued doing it in a heartbeat. Based on my experiences in past positions, however, I can honestly say it was time for me to step aside. Even though I’m now in the “has been” category. I find that there are still many opportunities to be of service. For those district and Area trusted servants who are rotating, I hope you will rotate “on” and not “out.” If you stood for a position and didn’t get elected, or if you submitted a resume and didn’t get appointed, your service should not end. **Please explore all the possibilities out there. There is no lack of work to be done at all levels of the service structure. Find your passion, then go out and do that work.** The pay is non-existent, the work is sometimes hard and never ending, the benefits are huge. I always get back more than I give, and I get to stay sober one more day.

Anne M. “The Spirit of Rotation.”

Common Grounds – Oregon 58. Volume 51, Issue 3. November 2018.

Josephine County Central Office

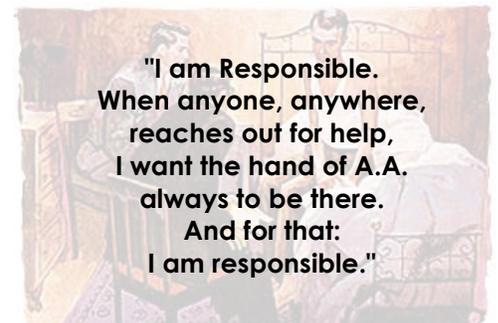
Central Office is also an A.A. service office that involves partnerships among groups in our community—just as A.A. groups themselves are partnerships of individuals.

In fact, Central Office was established to carry out certain functions common to all the groups—functions which are best handled by a centralized office—and it is usually maintained, supervised, and supported by the JoCo AA Groups in their general interest. **The JoCo Central Office exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.**



These functions and services are carried out by volunteers. In many ways, these volunteers have the most critical position in the organization on account that they are often the first point of contact for a newcomer.

Josephine County AA is eternally grateful for our volunteers who devote their service work to help our AA community and to assure that the office runs smoothly and efficiently. We would like to thank **George V, Janis G, and Shawn M** for stepping up and taking over some vacant shifts. They have been an incredible asset to the office with many years of sobriety. Thank you!



**"I am Responsible.
When anyone, anywhere,
reaches out for help,
I want the hand of A.A.
always to be there.
And for that:
I am responsible."**

Central Office also needs volunteers for 12-Step call service work.

We are looking for men and women to add their names to receive 12-Step calls. **A 12-Step call is an important part of the recovery process.** Generally, the volunteer speaks with somebody suffering from alcoholism to help them find recovery by plugging them into AA.

If you are interested in helping our AA community in this way or other projects at Central Office, please call Kathy T at (541) 474-0782.



AA Spotlight

Cooperation with the Professional Community (CPC)

By action of the General Service Board, January 1970, the trustees' Committee on Cooperation with the Professional Community (CPC) – a spin off from the Public Information Committee – was developed.



AA is considered by many professionals to be a valuable resource for alcoholics who want help. When there is a good working relationship between AA members in the community and paid alcoholism workers, the sick alcoholic is the winner – he or she gets the help needed from both.

Members of CPC provide information about AA to those who have contact with alcoholics through their profession. This group includes healthcare professionals, educators, members of the clergy, lawyers, social workers, government officials, as well as those others working in the field of alcoholism. Information is provided about where we are, what we are, what we can do, and what we cannot do. Members attempt to establish better communication between AA and this group of professionals and to find simple and effective ways of cooperating without affiliating.



Current Donations

Thank you so much to all who help to support and keep Central Office open to serve our community.

Please note: The amounts shown here are officially recorded funds received from Groups presented at the Monthly Intergroup Business Meetings. Donations received after the mid-month deadline will be reflected in the following month's report.

Current Period includes funds received during the dates of Oct 16, 2018 through Dec 15, 2018.
Year-to-Date includes funds received during the dates of Dec 16, 2017 through Dec 15, 2018.

Current	Oct 16, 2018 - Dec 15, 2018		Year-To-Date (YTD)		Dec 16, 2017 - Dec 15, 2018	
	AA Group	Current	YTD	AA Group	Current	YTD
12 O'Clock High Group	\$200	\$200	Merlin Group	\$25	\$324	
Attitude Adjustment	\$0	\$125	Monarch Group	\$51	\$116	
Cease Fighting	\$0	\$180	Monday Men's Book Study	\$0	\$40	
Easy Does It	\$0	\$1,294	Nooners Meeting	\$100	\$650	
Experience, Strength, and Ho	\$0	\$180	Rogue River Sunday Group	\$150	\$150	
Friday Night Winners Group	\$0	\$600	Safe Haven Group	\$0	\$138	
GP Veterans Group	\$0	\$20	Stronger Together Women	\$0	\$125	
Happy Hour Group	\$40	\$360	Thursday Night Winners	\$0	\$270	
Illinois Valley Group	\$0	\$100	Tuesday Book Study	\$0	\$11	
Language of the Heart	\$30	\$90	Wednesday Progress Group	\$0	\$226	
Live & Let Live Group	\$0	\$80	Williams Applegate	\$0	\$100	
Marathon Meetings	\$0	\$156	Women's Live & Let Live	\$0	\$120	



Heard It in a Meeting

Anonymous slogans and pearls of wisdom heard during regularly scheduled AA Meetings!



"The greatest enemies of us alcoholics are resentment, jealousy, frustration, and fear."

"Keep your First Step close."

"I knew I was an alcoholic by the way I felt sober."

"I AM A MIRACLE!"

"First I stayed sober because I had, then I stayed sober because I was willing, finally I stay sober because I want to."

"Whatever I put before my recovery, I will lose."

AA Events



The following are local events that specifically include AA meetings. Please visit www.grantspassaa.com to see all current **AA Events** including those events in nearby areas. Events listed under **Sober Fun** may not include a formal meeting.

Oregon Area 58 Quarterly Assembly

Hosted by District 16

Friday – Sunday, February 22-24, 2019

Inn at the Commons, 200 N. Riverside, Medford, OR 97504

(866) 779-5811

www.innatthecommons.com

The Area Assembly is a quarterly meeting of GSRs and committee members to discuss area affairs and to elect officers and a delegate to the General Service Conference held each Spring in New York.



All you need
is an open
mind

Please make checks payable to:
Mail to:

District 16 February Assembly
February 2019 Assembly, District 16, PO Box 4751, Medford,
OR 97501

Mail-in registration cutoff date:

Friday, February 3, 2019

Online registration opens:

November 5, 2018 at www.aa-oregon.org

Online registration closes:

February 17, 2019





Southern Oregon Speaker Meeting

Sponsored by District 16 and Hosted by Jackson County Central Office

Friday, January 26, 2019 @ 7:00PM

Rogue Regional Medical Center, The Smullin Center, 2825 E. Barnett Dr, Medford, OR 97504

(541) 732-1850 / ajicounty@yahoo.com

www.medfordareaaa.org

Speaker: **Mark L.**
Prineville, OR



Sobriety Countdown

50/50 Raffle



ALCOHOLICS ANONYMOUS

DISTRICT 16 | ROGUE VALLEY, OREGON

www.medfordareaaa.org

Free Chili and Speaker Meeting

Saturday, February 9, 2019 @ 2:00PM – 6:00PM

Hi Lo Club, 668 Lincoln Rd, Grants Pass, OR 97526

Nothing can be better?

Experience, Strength, and Hope
with some free grub.



Sober Fun Events

Friends of Bill W Monday Night Bowling

Caveman Bowl, 1230 Rogue River Hwy, Grants Pass, OR 97527

Every Monday! Sign-up at 5:00PM. Bowling at 5:30PM.

Cost is \$2.50/game per adult and \$3.50/game per kid. Shoes are included.



Bingo

Hi Lo Club, 668 Lincoln Rd, Grants Pass, OR 97526

January 12th, 7:00-9:00PM



Group Meeting News

The Nooners Friday meeting is moving the meeting location effective Friday, January 4, 2019

The RVC Church Office, 405 NE 6th St, Grants Pass, OR 97526

(at the corner of 6th Street and D Street)

Please enter through the far right door



Upcoming Calendar Events

The following events are held at the Hi-Lo Club unless otherwise noted. For full details, please visit www.grantspassaa.com/events. If you are involved in an upcoming event, let us help you get the word out. Email us at gpaanews@gmail.com.

Outreach Committee Meeting	Jan 1 @ 5:30PM Feb 5 @ 5:30PM	SORYPAA Business Meeting	Jan 13 @ Noon Feb is TBA 263 Berrydale Avenue, Medford, OR 97501
District 7 Business Meeting	Jan 1 @ 7:00PM Feb 5 @ 7:00PM	JoCo Intergroup Business Meeting	Jan 17 @ 7:30PM Feb 21 @ 7:00PM 432 NW 6th St, Room 107, Grants Pass, OR
Hi-Lo Board Meeting	Jan 8 @ 7:00PM Feb 12 @ 7:00PM	Roundup 2019 Board Meeting	Jan 10 @ 7:30PM Jan 24 @ 7:30PM Feb 14 @ 7:30PM Feb 28 @ 7:30PM
Families in Recovery Meeting	Jan 8 @ 6:00PM Feb 12 @ 6:00PM		

AA Birthdays

NAME	DATE	YEARS	NAME	DATE	YEARS
Dave B	January 5, 1975	44	Cathi C.	January 22, 2007	12
Kathy F	January 10, 1978	41	David W	January 1, 2008	11
Ann B	January 21, 1981	38	Rob W	January 6, 2012	7
Shirley M	January 17, 1982	37	Terry H	January 2, 2013	6
Judy B	January 22, 1982	37	Mike M	January 10, 2013	6
Lee H	January 11, 1983	36	Megan	January 27, 2015	4
Sherry B	January 1, 1985	34	Carole C	January 4, 2016	3
George B	January 2, 1985	34	Shawna S	January 19, 2016	3
Sandra J	January 3, 1987	32	Trazia	January 19, 2016	3
Brian O	January 22, 1992	27	Robin McC	January 29, 2016	3
Ray B	January 1, 1993	26	Stacy H	January 31, 2016	3
Drew K	January 23, 1998	21	Kendra L	January 13, 2017	2
Bruce K	January 14, 2001	18	Shawna S	January 21, 2017	2
Tina M.	January 28, 2004	15			
Russ S	January 23, 2005	14			

Celebrate your AA birthday in the Newsletter!!
Send your info to gpaanews@gmail.com.